

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 Outdoor	Games Fundamental Movement Skills	Games Locomotion	Athletics Activities	Games Balance	Athletics Activities	Games Control
Indoor	Gymnastics	Dance	Gymnastics	Dance	Striking / Fielding	Striking / Fielding
Year 2 Outdoor	Games Locomotion	Games Control	Striking / Fielding	Swimming Athletics Activities	Throwing and Catching	Small sided Team Games
Indoor	Gymnastics	Dance	Gymnastics	Dance	Invasion Games Target	Athletics Activities
Year 3 Outdoor	Invasion Games - Fundamentals	Invasion Games Football	Invasion Games	Net / Wall Fundamentals	Striking / Fielding Fundamentals	Athletics Activities
Indoor	Gymnastics	Dance	Gymnastics - Shape	Invasion Games Dodgeball	Athletics Activities	OAA Navigation
Year 4 Outdoor	Invasion Games Football	Invasion Games Tag Rugby	Invasion Games Tag Rugby	Invasion Games Hockey	OAA Navigation	Net / Wall Tennis
Indoor	Gymnastics	Net / Wall Badminton	Circuit Training	Dance	Striking / Fielding Cricket	Athletics Activities
Year 5 Outdoor	Invasion Games Basketball	Invasion Games Netball	Invasion Games Hockey	Striking / Fielding Cricket	Striking / Fielding Rounders	OAA Navigation
Indoor	Gymnastics	Indoor Athletics	Gymnastics	Dance	Net / Wall Tennis	Athletics Activities
Year 6 Outdoor	Invasion Games Netball	Invasion Games Netball	Invasion Games Hockey	Striking / Fielding Cricket	Athletics Activities	OAA Navigation
Indoor	Gymnastics	Indoor Athletics	Gymnastics	Dance	Striking / Fielding Rounders	Athletics Activities