

## **Hartford Manor Primary School and Nursery**



## Personal Social Health Education /Relationships and Sex Education

## **Curriculum Overview**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception No Outsiders Texts	The Family Book  LO: To understand all families are different	Red Rockets and Rainbow Jelly LO: To understand it's ok to like different things	You Choose  LO: To choose what I like	Mommy, Mama and Me LO: To celebrate my family	Blue Chameleon  LO: To make friends with someone different	Hello Hello  LO: To say hello
Year 1	RELATIONSHIPS Team	HEALTH AND WELL-BEING Think Positive	LIVING IN THE WIDER WORLD Diverse Britain	RELATIONSHIPS  Be Yourself	HEALTH AND WELL-BEING It's My Body Sex Education CWP resources LO: Who can help us	LIVING IN THE WIDER WORLD  Aiming High  Sex Education CWP resources  LO: Growing and caring for ourselves
No Outsiders Texts	Elmer	Going to The Volcano LO: To join in	My World Your World	Errol's Garden	Want To Play Trucks?  LO: To find ways to play together	Hair, It's a Family Affair  LO: To be proud to be me

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	LO: To like the way I am		LO: To understand we share the world with lots of people	LO: To work together		
Year 2	RELATIONSHIPS VIPs	HEALTH AND WELL-BEING Safety First	LIVING IN THE WIDER WORLD One World	RELATIONSHIPS  Digital Well-Being	HEALTH AND WELL-BEING  Money Matters  Sex Education CWP resources  LO: Keeping safe-respectful relationships/consent	LIVING IN THE WIDER WORLD  Growing Up  Sex Education CWP resources  LO: Differences between male and female body parts
No Outsiders Texts	How To Be a Lion  LO: To have self- confidence	Amazing  LO: To think about what makes a good friend	The Great Big Book of Families  LO: To understand diversity	Can I Join Your Club? LO: To welcome different people	All Are Welcome  LO: To know I belong	What the Jackdaw Saw LO: To communicate in different ways
Year 3	RELATIONSHIPS Team	HEALTH AND WELL- BEING Think Positive	LIVING IN THE WIDER WORLD Diverse Britain	RELATIONSHIPS Be Yourself	HEALTH AND WELL- BEING It's My Body Sex Education CWP resources	LIVING IN THE WIDER WORLD Aiming High Sex Education CWP resources

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
					LO: Differences between male and female body parts	LO: Giving consent and asking for help
No Outsiders Texts	Beegu LO: To be welcoming	We're All Wonders  LO: To understand what a bystander is	This is Our House  LO: To understand what discrimination means	The Hueys in The New Jumper  LO: To recognise and help an outsider	The Truth About Old People LO: To recognise a stereotype	Planet Omar  LO: To consider living in Britain today
Year 4	RELATIONSHIPS VIPs	HEALTH AND WELL-BEING Safety First	LIVING IN THE WIDER WORLD One World	RELATIONSHIPS Digital Well-Being	HEALTH AND WELL-BEING  Money Matter  Sex Education CWP resources  LO: Reproduction in plants and animals	LIVING IN THE WIDER WORLD  Growing Up  Sex Education CWP resources  LO: Changes during puberty  Healthy relationships/ consent
No Outsiders Texts	Along Came a Different	Aalfred and Aalbert  LO: To find common ground	Red: A Crayon's Story LO: To be proud of who I am	Dogs Don't Do Ballet LO: To choose when to be assertive	When Sadness Comes to Call  LO: To look after my mental health	Julian is a Mermaid  LO: To show acceptance

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	LO: To help someone accept difference					
Year 5	RELATIONSHIPS Team	HEALTH AND WELL-BEING Think Positive	LIVING IN THE WIDER WORLD Diverse Britain	RELATIONSHIPS  Be Yourself	HEALTH AND WELL-BEING It's My Body Sex Education CWP resources LO: Physical changes during puberty	LIVING IN THE WIDER WORLD Aiming High Sex Education CWP resources LO: Personal hygiene and who can help
No Outsiders Texts	The Island  LO: To consider causes of racism	And Tango Makes Three  LO: To exchange dialogue and express an opinion	Mixed  LO: To consider responses to racist behaviour	How to Heal a Broken Wing LO: To recognise when someone needs help	The Girls  LO: To explore friendship	Kenny lives with Erika and Martina LO: To consider consequences
Year 6	RELATIONSHIPS VIPs	HEALTH AND WELL- BEING Safety First	LIVING IN THE WIDER WORLD One World	RELATIONSHIPS Digital Well-being	HEALTH AND WELL-BEING  Money Matters  Sex Education CWP resources	LIVING IN THE WIDER WORLD Growing Up Sex Education CWP resources

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
					LO: Puberty and reproduction	LO: Conception and pregnancy	
					Healthy/unhealthy relationships	Healthy relationships online	
No Outsiders Texts	Where the Poppies Now Grow	Rose Blanche	The Only Way is Badger	Introducing Teddy	King of the Sky	Leaf	
	LO: To learn from our past	LO: To justify my actions	LO: To consider language and freedom of speech	LO: To show acceptance	LO: To consider responses to immigration	LO: To overcome fears about difference	
WHOLE SCHOOL SUPPLEMENTARY	NSPCC- Speak Out, St	ay Safe					
ACTIVITIES	Child-friendly Safeguarding Policy						
	PCSO- County Lines for Y6						
	Junior Road Safety Officers						
	School Council meetings						
	Assemblies- water safety, railway safety, road safety						

CWP- Christopher Winter Project Sex Education Resources- available for parents to view on request.