

# Guidelines for Staying Safe Online

During discussion with the children we know that large majority of our children have access to computers, tablets or internet enabled mobile phones at home. The children have also told us about the gaming, messaging and social media apps they have access to.

Below I have listed some guidelines to help keep children safe when they are online and posted hyperlinks with further information.

1. Talk to your children about what they are doing online

<https://www.thinkuknow.co.uk/oldparents/Primary/>

2. Follow age guidelines on games and apps.

<https://www.gov.uk/government/news/new-rules-to-better-protect-children-from-inappropriate-video-game-content>

<http://www.askaboutgames.com/>

3. Monitor the apps children install. Gaming, instant messaging and social media apps can allow inappropriate communications.

4. Install monitoring software for your devices. This will allow you block apps, monitor usage and the internet sites visited.

Norton Family basic is free <https://onlinefamily.norton.com/familysafety/basicpremium.fs>

Your internet service provider might provide free family security

[http://bt.custhelp.com/app/answers/detail/a\\_id/13189/~/what-is-bt-family-protection%3F](http://bt.custhelp.com/app/answers/detail/a_id/13189/~/what-is-bt-family-protection%3F)

5. Set parental controls on devices

Apple devices

<https://support.apple.com/en-gb/HT201304>

Android devices

<http://www.pcadvisor.co.uk/how-to/google-android/parental-control-on-android-image-3461359/>

6. Teach children to take a screen shot of any inappropriate communications.

7. Restrict the use of the phone or tablet camera.

[http://www.ehow.com/how\\_5955318\\_disable-camera-iphone.html](http://www.ehow.com/how_5955318_disable-camera-iphone.html)

8. Keep up to date on the latest guidelines for parents and children

<https://www.thinkuknow.co.uk/>

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>